

LAKEWINDS
FOOD CO-OP



F A L L
MEAT
SALE



SEPT. 29
THROUGH
OCT. 26



4 WEEKS
OF SAVINGS

WEEK 1 • SEPT. 29 – OCT. 5, 2024*

Thousand Hills Grass-fed beef chuck roast	\$7.99/lb. save \$4.50/lb.
Ferndale Market Dark ground turkey meat (16 oz.)	\$2.99 each save \$3.00 ea.

WEEK 2 • OCTOBER 6 – 12, 2024*

Wild-caught Sockeye salmon fillet	\$12.99/lb. save \$5.00/lb.
Kadejan Chicken tenderloin	\$4.79/lb. save \$4.00/lb.
Thousand Hills Grass-fed beef ribeye steak	\$16.99/lb. save \$10.00/lb.

WEEK 3 • OCTOBER 13 – 19, 2024*

Premium Iowa Pork Pork loin roast	\$4.99/lb. save \$4.00/lb.
Wild-caught Tail-off shrimp 31-40 ct. (16 oz.)	\$9.99 each save \$5.00 ea.
Gerber Whole chicken	\$2.29/lb. save \$0.70/lb.

WEEK 4 • OCTOBER 20 – 26, 2024*

Beeler's Hickory smoked bacon (16 oz.)	\$7.99 each save \$4.00 ea.
Premium Iowa Pork Pork shoulder roast	\$3.99/lb. save \$2.50/lb.
Thousand Hills 80% lean grass-fed ground beef (16 oz.)	\$6.49 each save \$2.00 ea.

*All sales are valid only while supplies last.