

coop™ deals

AUG 1 - AUG 14, 2018

*fresh from
the garden!*



IT'S PEAK TOMATO SEASON

Celebrate seasonal flavors with vine-ripened cherry tomatoes and organic olive oil in a caprese pasta salad. With a zap of lemon juice and mellow fresh mozzarella, it's a crowd pleaser. Get the recipe at www.strongertogether.coop, and pick up some organic EVOO on sale today!



8.99

Spectrum
Organic Unrefined
Extra Virgin Olive Oil
25.4 oz., selected varieties



2.99

Annie's Naturals
Organic Dressing
8 oz., selected varieties



3.39

Gardein
Meatless Chick'n
Tenders
9-11.5 oz., selected varieties
other Gardein items
also on sale



2/\$6

The Greek Gods
Greek Yogurt
24 oz., selected varieties



In-season, delicious, local ingredients - find them at the co-op.

Fresh from farm to table.



2/\$5

Van's
Waffles
8-9 oz., selected
varieties



3.99

Little Northern
Bakehouse
Gluten-Free
Bread
16-17 oz., selected
varieties



3.99

Silk
Almond Milk Yogurt
24 oz., selected varieties



3/\$5

Lifeway
Organic Skyr
Icelandic Yogurt
5 oz., selected varieties



4/\$5

Nancy's
Organic Grass-fed
Yogurt
6 oz., selected varieties



4.99

Redwood Hill
Farm
Goat Milk Kefir
32 oz., selected varieties



4/\$3

Brown Cow
Cream Top
Yogurt
5.3 oz., selected varieties



2/\$5

GT's
Kombucha
16 oz., selected varieties



3.39

Bhakti Chai
Ready-to-Drink
Chai
16 oz., selected varieties



3.99

Ripple
Non-Dairy Milk
48 oz., selected varieties



4.99

Garrett Valley
Uncured Paleo
Bacon
8 oz., selected varieties



3.99

Pete and Gerry's
Organic Eggs
1 Dozen, selected
varieties



3.99

Organic Valley
Organic Cultured
or Pasture Butter
8 oz., selected varieties

Start your day with savings at the co-op!



3.99

Halo Top Creamery Ice Cream
16 oz., selected varieties



3.99

Talenti Gelato or Sorbetto
16 oz., selected varieties



2/\$4

Cascadian Farm Organic Frozen Vegetables
10 oz., selected varieties



2/\$5

Annie's Homegrown Pizza Poppers
5 oz., selected varieties
Pizza Bagels also on sale



3.99

Rumiano Organic Cheese
8 oz., selected varieties



2/\$3

Happy Family Organic Superfoods
3.5-4.22 oz., selected varieties



5/\$2

Stretch Island Fruit Leather
.5 oz., selected varieties



2/\$5

Kind Healthy Grains Bars
5 ct., selected varieties



tasty, organic protein bars

2/\$4

Gomacro Organic Macrobar
2-2.5 oz., selected varieties

Grab a high protein MacroBar - deliciously chewy nut butter-based bars. Each bar is Certified Organic, vegan, gluten-free, non-GMO, raw and clean. Try new Dark Chocolate + Almonds!



5/\$5

Luna Protein Bar
1.48-1.69 oz., selected varieties



3/\$5

Primal Kitchen Protein Bars
1.7 oz., selected varieties

Discover tasty, healthful snacks for busy lives.



3/\$5

Purely Elizabeth Granola-Free Bar
1.4 oz., selected varieties



*new bottle,
same great taste*

Honest Tea is brewed with organic, Fair Trade Certified tea leaves and available in a variety of delicious flavors that are either unsweetened or just a tad sweet.

5/\$5

Honest Organic Ready-to-Drink Tea
16 oz., selected varieties



2/\$6

R.W. Knudsen Organic Juice
32 oz., selected varieties



8.99

Equal Exchange Organic Bulk Breakfast Blend Coffee
per pound in bulk, selected varieties



3.39

One Degree Organic Sprouted Grain Cereal
8-12 oz., selected varieties



3.99

Kind Healthy Grain Clusters
11 oz., selected varieties



2/\$5

Mom's Best Cereal
20 oz., selected varieties



2.99

Barbara's Puffins Cereal
11 oz., selected varieties



2.99

Erewhon Organic Gluten-Free Crispy Brown Rice
10 oz., selected varieties

*wholesome,
delicious cereals*

Start your day with a bowl of cereal that is as nutritious as it is delicious. **Mom's Best, Barbara's** and **Erewhon** all use good-for-you ingredients in their cereals so you can feel great about what you feed yourself and your family for the most important meal of the day.

Huge deals. Full carts. Can't lose.



2/\$3
C2O
Coconut Water
17.5 oz., selected varieties



2.39
So Delicious
Coconut Milk
32 oz., selected varieties



2.99
Maya Kaimal
Indian Simmer
Sauce
12.5 oz., selected varieties



zesty citrus flavors

4.69

Delicious, thirst-quenching, authentic Italian fruit beverages, rooted in the homemade Italian tradition. Each flavor is prepared carefully with high quality ingredients. Available in 8 delicious citrus-based flavors

**San Pellegrino
Sparkling Fruit Beverage**
6 pack, selected varieties



2.99
Maya Kaimal
Organic Dal
10 oz., selected varieties



4.99
Maranatha
Organic Peanut
Butter
16 oz., selected varieties



avocado lovers rejoice!

For too long, condiments were left behind. But Sir Kensington's has fixed that. Our Avocado Mayo is made with 100% avocado oil, certified humane free-range eggs, a squeeze of lime and pinch of black pepper.

4.99

**Sir Kensington's
Mayonnaise with Avocado Oil**
16 oz., selected varieties
other Mayonnaise varieties also on sale



2/\$5
Late July Organic
Mini Sandwich
Crackers
5 oz., selected varieties



2/\$4
Late July
Clasico Tortilla
Chips
5.5 oz., selected varieties

Summertime savings on sips, snacks and suppers.



8.99

Justin's
Almond Butter
16 oz., selected varieties



3.99

Simple Mills
Almond Flour
Crackers
4.25 oz., selected
varieties



2/\$5

Plant Snacks
Cassava Root
Chips
5 oz., selected varieties



2/\$4

Lundberg Family
Farms Rice Chips
6 oz., selected varieties



2/\$7

Annie's Homegrown
Organic Graham Crackers
14.4 oz., selected varieties



2/\$7

Back To Nature
Cookies
8-12 oz., selected
varieties
some varieties \$4.39



3/\$5

Gimme Organic
Organic Seaweed
Snacks
.35 oz., selected varieties



2.99

Epic
Pork Rinds
2.5 oz., selected varieties



scoop up the savings in bulk!

1.79

Bulk
Organic Pinto
Beans
per pound in bulk



3.19

Bulk
Organic Pumpkin
Seeds
per pound in bulk



9.99

Bulk
Organic Whole
Raw Cashews
per pound in bulk



Sweet and savory treats for the whole family.



19.99

**Dr. Hauschka
Cleansing Cream**

1.7 oz.
other Dr. Hauschka Skin Care products
also on sale



6.99

**Alba Botanica
Hawaiian Shampoo
or Conditioner**
12 oz., selected varieties



3.99

**Heritage Store
Rosewater with
Atomizer**
4 oz.



39.99

**Vega Sport
Protein Drink Mix**
28-30 oz., selected
varieties



6.99

everyday low price
**Field Day
Bath Tissue**
12 ct.



9.99

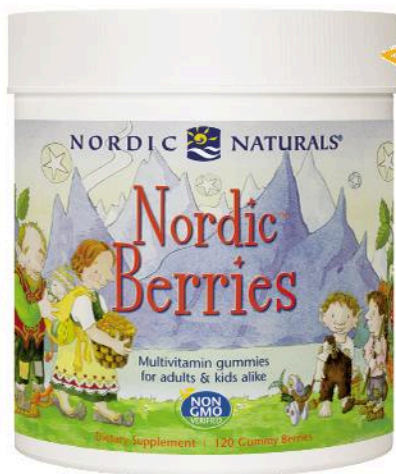
**Seventh
Generation
Baby Diapers**
17-40 ct., selected
varieties



27.99

**Host Defense
Mushrooms
Immune Support**
60 ct.
other Host Defense
products also on sale

back to school essentials



Nordic Berries multivitamin gives kids (and adults) the daily vitamins and minerals they need in a great tasting, gluten-free gummy.

19.99

**Nordic Naturals
Nordic Berries Kids
Multivitamin**

120 ct., selected varieties
other Nordic Naturals products also on sale



13.99

**Garden Of Life
MyKind Organics B-12 Spray**
2 oz.
other MyKind products also on sale

Growing healthy communities together.

Shop for fresh, delicious, local food at a co-op near you

ILLINOIS

Common Ground Food Co-op
Dill Pickle Food Co-op
Neighborhood Co-op Grocery
Sugar Beet Food Co-op

INDIANA

3 Rivers Natural Grocery
Bloomingfoods Market and Deli
Maple City Market

IOWA

New Pioneer Co-op
Oneota Community Co-op
Wheatfield Cooperative

KANSAS

The Merc Co+op

KENTUCKY

Good Foods Co-op

MICHIGAN

Grain Train Natural Foods Market
GreenTree Cooperative Grocery
Keweenaw Co-op Market & Deli
Marquette Food Co-op

Oryana Community Co-op
People's Food Co-op – Ann Arbor
PFC Natural Grocery & Deli
Ypsilanti Food Co-op

MINNESOTA

Bluff Country Co-op
City Center Market
Cook County Whole Foods Co-op
Eastside Food Cooperative
Hampden Park Co-op
Harmony Natural Foods Co-op
Harvest Moon Natural Foods
Just Food Co-op
Lakewinds Food Co-op
Linden Hills Co-op
Mississippi Market
Natural Harvest Food Co-op
People's Food Co-op – Rochester
River Market Community Co-op
Seward Community Co-op
St. Peter Food Co-op & Deli
Valley Natural Foods
Wedge Community Co-op
Whole Foods Co-op

NEBRASKA

Open Harvest Cooperative Grocery

OHIO

Phoenix Earth Food Co-op

SOUTH DAKOTA

The Co-op Natural Foods

WISCONSIN

Basics Cooperative Natural Foods
Chequamegon Food Co-op
Menomonie Market Food Co-op
Outpost Natural Foods Co-op
People's Food Co-op – La Crosse
Viroqua Food Co+op
Willy Street Co-op



*to find a food co-op
near you, visit us online
at: www.strongertogether.coop*



3.99

**Tom's Of Maine
Toothpaste**
4.7-5.5 oz., selected varieties
other Tom's of Maine products
also on sale



9.99

**Everyday Coconut
Hydrating Body Lotion**
32 oz.
other Everyday Coconut products
also on sale



2/\$6

**Dr. Bronner's
Bar Soap**
5 oz., selected varieties



Co-ops support products and services that ensure personal and planetary health; a legacy we can be proud to leave generations to come.

Some items may not be available at all stores or on the same days

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